Emotional Support for Children

Some children are naturally feeling more anxious during this difficult time. Here are some links to resources that may support your child.

Coronavirus story: <u>https://www.elsa-</u> <u>support.co.uk/coronavirus-story-for-children/</u>

Self-isolation activities: <u>https://www.elsa-</u> <u>support.co.uk/coronavirus-14-day-self-isolation-activities/</u>

Our School is Closing story: <u>https://www.elsa-</u> <u>support.co.uk/our-school-is-closing-for-a-while/</u>

Social Contact story: <u>https://www.elsa-support.co.uk/wp-</u> <u>content/uploads/2020/03/Social-contact-story.pdf</u>

We are at Home story: <u>https://www.elsa-support.co.uk/we-are-at-home-right-now/?utm_source=mailpoet&utm_medium=email&utm_campa_ign=some-more-resources-to-support-the-coronavirus-situation_82</u>

Positive Paper Chains activity: <u>https://www.elsa-</u> <u>support.co.uk/positive-paper-</u> <u>chains/?utm_source=mailpoet&utm_medium=email&utm_cam</u> <u>paign=some-more-resources-to-support-the-coronavirus-</u> <u>situation_82</u>